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ORESTON METHODIST CHURCH Plymstock Rd, Oreston PL9 7LL WORSHIP AT 10.30am

Minister: Rev'd Simon Leigh Tel:335773 Secretary: Mrs Ann James Tel: 404971 Treasurer: Mrs Val Hopkin Tel:403425

Senior Steward: Mrs Dorothy Turpitt Tel: 484038

POMPHLETT METHODIST CHURCH Pomphlett Gardens, Plymouth PL9 7BL www.pomphlettchurch.org.uk. WORSHIP AT 9.30am

Minister: Rev'd Andrew Day, Tel: 342519 Secretary: Bert Symons, Tel: 210820 Treasurer: Mrs M Williams Tel: 493251

Senior Steward: Mrs Mary Symons Tel: 210802

Link rep: Mr Bert Symons Tel: 210820 or

email: www.pomphlettchurch.org

ELBURTON METHODIST COMMUNITY CHURCH Springfield Rd, Elburton PL9 8PR WORSHIP AT 10.30am AND 6.30pm

Minister: Rev'd Simon Leigh Tel: 335773 Secretary: Mrs Tricia Stringer Tel: 482532 Treasurer: Mr Robert Faulkner Tel: 491779 Senior Steward: Mrs Pauline Raine Tel:405483 Lettings Secretary: Mrs Helen Carhart Tel: 480319

Link rep: Tony Raine Tel: 405483

GATEWAY PROJECT, CATTEDOWN

3 Tresillian St, Cattedown

WORSHIP AT 11.00am every 2nd Sunday of each month

Minister: Rev'd David Youngs Tel (880286) Worship Leader: Mr Roger Dodd Tel 406850

In keeping with the new regulations concerning data protection, we have the emailed permission from all of the above to publish contact details. Sorry, there are still some gaps in the following pages.

ABOUT YOUR LINK

Editor: Tony Raine. Advertising Manager: Tony Raine

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Tel: 01752 405483 mobile: 07505 286682

NB The Editor may need to amend or omit articles submitted though he will do neither without discussing it with you.

THE DECEMBER ISSUE DEADLINE IS SUNDAY NOVEMBER 11th

The Link is available in printed format or online in colour, at www.elburtonmethodist.org.uk/thelink or your church web site.

Contact Tony Raine on 405483 for details. mobile: 07505 286682

THE LECTIONARY

4th November 18th November Ruth 1:1-18

1 Samuel 1:4-20 Psalm 146 Canticle 1 Samuel 2:1-10

Hebrews 9:11-14 Hebrews 19: 11-14, {15-18)

Mark 12:28-34 19-25

Mark 13: 1-8 11th November

REMEMBRANCE 25th November Ruth 3:1-5, 4:13-17 2 Samuel 23:1-7

Psalm 127 Psalm 132:1-12 (13-18)

Hebrews 9:24-28 Revelation 1:4b-8 Mark 12:38-44

John 18: 33-37

The above are usually the readings used in church and are offered here for your personal use and meditation.

FRONT COVER Saltram Gardens in the Autumn sunshine.

Printed by Bretonside Copy, Mayflower House, 50-54 Bretonside, Plymouth, Devon PL4 0AU 01752 665254

Letter for Elburton and Oreston



Dear One and all,

" A gentle tongue is a tree of life". (Proverbs 15:4)

I was once advised by a very dear ministerial colleague that if anyone started a sentence 'I want to speak to you in Christian love', then run for the hills, for what is likely to come has precious little to do with love and even less to do with Christ!

The tongue can be the most potent organ of the body. The tongue articulates words of love, expresses our deepest emotions; it is a centre of taste and is instrumental in how we eat and digest food. The tongue needs to be controlled (James 3:2) as its misuse can cause just so much trouble.

The early Church knew the gift of tongues (Acts 2:4) It was a manifestation of the presence of the Holy Spirit at work in the life of the Christian community. And that is so today. St. Paul had wished that all had the gift of tongues (1.Cor.14:5) but accepted that not everyone had the gift (1.Cor.12:28-31) or, indeed, had all of the spiritual gifts of prophecy, healing, preaching or being an apostle or teaching. They were allocated as a gift of the Spirit and we should not expect to have all the gifts or expect others to have them too. Indeed, in 1.Cor.14:5 Paul sees the gift of prophecy as being far more important and warns the Church not to babble-on in public Christian worship, as those seeking Christ or who are new to the faith might think the congregation crazy. (1.Cor.14:23) I have known Christians, who though granted the gift of tongues, have been spiritually arrogant in this gifting and have, as a consequence, made others feel inadequate or lesser Christians, because they do not exhibit such gifts. This is clearly wrong, unbiblical and not Christian.

The writer of Proverbs gives sound instruction with powerful insight. The tongue can build-up and encourage a person in their faith-life. The tongue can articulate the drama and poetry of our beliefs; it can nourish, enliven and empower. A gentle tongue is such a blessing for it heals and comforts and is full of Christian kindness.

These are the spiritual gifts which bestow such profound depth to the life of the Church. Where the gift of tongues is employed let it be seen in its natural order as the least of all gifts, but also one which should not be neglected, particularly if the tongue is interpreted into our own language. When it comes to the tongue let us mind our language and be careful in what we say and how what we say is said. Let us employ our tongues to encourage and build one another up in the faith.

Every blessing,

Simon

MEMORIES

Carefree days.
Happy hours.
Ideal friends.
Lovely flowers.
Daffodils and violets blue
Hide their faces now from you.
Open fields and pastures green
Oh what joy a child has seen.
Down the years the memories live
of blessings only God can give.

Ann Hunt





SUNDAY

SERVICES	Morning	Evening
	10.30 am	6.30 pm
November 4th	Mrs Jean Walsh	Rev'd Kate Conrad SACRAMENT
November 11th REMEMBRANC	3	Mrs Di Smart
November 18th	Rev'd Simon Leigh SACRAMENT	Rev'd Simon Leigh SACRAMENT
November 25th	Rev'd Simon Leigh PET SERVICE	Mrs Di Smart

On November 18th in the evening, Simon will have a special part of his service for those who have been recently bereaved.

Because of illness Simon has been obliged to CANCEL the start of our Bible study until November, which is Saturday 17th November 2018 at 1030.

JaM (JESUS AND ME)

- 10.30 a.m.

JaM is the name for our children's and youth ministry. We meet in the Moore Hall for 10.30 am.

SOUNDS ALIVE SINGERS

When we have a presentation to work towards we meet for rehearsals at 11.45 am after church on Sundays to share our love of music.

MONDAY

DANCE FITNESS - 10.30 a.m.

Contact Sarah Danning, 01752

881447 or email:

info@physicallyfabulous.co.uk www.physicallyfabulous.co.uk

LUNCHEON CLUB - 11 a.m.

On Mondays lunches are provided for those less able to cook for themselves. Contact June Dinner (407418) for 3rd Mondays, Barbara Jeffery (311100) for the other Mondays.

BEAVERS - 5 p.m. - 6.30 p.m. **CUB SCOUTS** - 6.00 - 7-30 p.m. **SCOUTS** - 7.30 p.m. - 9.00 p.m.

There are a few vacancies for boys and girls and also helpers. Contact Roger Galloway 268803 for more information.

TUESDAY

METHODIST WOMEN

IN BRITAIN - 2.30 p.m Nov 6th Visit to Otter Nov 13th No meeting - Sidholme Nov 20th Mr Paul Whitell Nov 27th Rev'd James Croucher The Women's Network Fellowship, now called MWiB, meets in the Moore Hall of Elburton Methodist Church. For more information contact Carol Batchelor 491962

RAINBOWS BROWNIES - 6.00 p.m.

Contact Julie There is no Guides group

PLYMSTOCK & RIDGEWAY MEN'S GROUP 7.30 pm

Nov 13th Phil Curtis -Street Pastors Nov 27th Lynne Rogers -Trip to Zambia Contact Andrew Gow (341037) for more details. Half the meetings are held at Ridgeway, the others are in the Rank Hall, Elburton Methodist Community Church.

WIVES CLUB - 7.45 pm
Nov 6th Janet Cowland
"Mrs Rennie" the Royal Matchmaker
Nov 10th Family Community Day
Nov 13th Sue Allen - "Australia"
Nov 20th Chris Robinson, Here & Now

Ladies are invited to join us on Tuesday evenings at 7.45 pm in the Elburton Moore Hall. For more information contact Sylvia Harris or Carol Pike.

Nov 27th Sally Edgecumbe Christmas Flowers

HOME GROUP 1 - 7.30 p.m.

The Tuesday home-group is coordinated by Di Smart and is held at homes of the group. For more information contact Di or Pam.

WEDNESDAY

EXERCISE CLASS 2 p.m. - 3 p.m.

Contact Denise Avent (402818)

HOME GROUP 2 7.30 pm

Held at the home of Trisha Stringer and led by Maureen

HOME GROUP 4 8 p.m.

A group meets at a different home each week (helpful for the young families who attend). Contact Jon Carhart (480319).

THURSDAY WORKING PARTY from 9,30 am 1st Thursday of month

Come and help us keep our church in a good state of repair. Contact Tony Sleep (403247) for details.

MEET AND EAT

THIRD Thursdays from 10 a.m.

A good meal, tea/coffee, and good company for everyone, led by Rosemary, Barbara Jeffery (311100) and Jennifer Tomlinson (403896).

TABLE TENNIS 3.15 - 5.15 p.m.

Contact David Finemore

HOME GROUP 3 7.30 p.m.

David and Brenda Youngs (880286) lead this group on Thursday evenings at 7.30 pm at Ruth Sweetland's home.

FRIDAY

LUNCHEON CLUB

11 a.m. (in term time only)

A lovely lunch provided for those less able to provide for themselves. Good food, good company. Contact Trisha Stringer (482532).

SATURDAY

COFFEE MORNING

Last Saturday of the month 10 a.m. - noon.

MESSY CHURCH

First Saturday of month 10.30 a.m.

Held in the Moore Hall, Arranged by Margaret Passmore (404929), run by various groups. Funds go to church projects, term time only.

An informal kind of worship tailored to the needs of the whole family with lots of fun, food, activities and a Christian message.



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AN ODE TO HARVEST

Our Harvest Thanksgiving Service was an uplifting hour,

The Church displaying God's good gifts of vegetable, fruit and flower. Alleluia for Paul Whitell who led the service and brought some friends along

Including darling Darcy and flighty Florence who was vocal in one song.

The young people played 'Pass the Parcel' and as each layer was revealed

Some words about God's creation, to the congregation were revealed. We sang some new songs and well known songs of praise Reflecting on the glory of our Father's wondrous ways. Donations for Shekinah and the Food Bank were received

To show that we care for our brothers and sisters in need. So help us Lord of the harvest to be humble in all that we do By sharing what we have with others, your ways always to pursue.

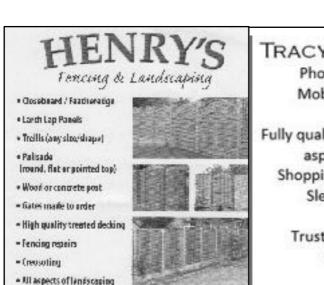
June Dinner



different Harvest Service. **HARVEST!** Paul Whitell certainly didn't disappoint. Living up to his billing, Paul brought along a lamb and a chicken to emphasise his point that ours is a magnanimous God of surprises. He also brought a band from Central Hall whose skilful and enthusiastic playing had us all singing and (yes) dancing. Thank you

It was advertised as a very

Paul, and friends and also Rose Lee for the gorgeous display in the foyer. It was a joy to have so many Scouts, Brownies, Cubs and Rainbows there.



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REMEMBER



Another huge and painful anniversary to commemorate. Good to know that, after the success of the 2014 Tower of London poppy displays "Blood Swept Lands and Seas of Red" and the spectacular installation on the Hoe last year, there is to be a fresh work created by the poppies designer Tom Piper. This will be called Beyond the Deepening Shadow: The Tower Remembers, which will focus on looking forward. The Tower moat will be filled with 10,000 torches of various heights, a creeping wall of flame, to set the area ablaze whilst a specially written choral tribute will be played each evening at 1700 from 4-11 November. The torches will be lit by the Yeomen Warders and 80 volunteers Interesting that the commissioned composer, Mira Calix, is German. I hope to be there again to witness the one foot high flames spreading over the moat.

I gaze at the names of our two Sunday school teachers, Messrs Moore and Smallridge who died a Century ago! How poignant that we don't have anyone with those surnames still with us at Elburton. I also think of my two Grandfathers who both died in the early weeks of WWI, one blown up on HMS Bulwark and the other lying still in the Flanders mud.

We do however, have the names of many stalwarts of our congregation whom we can recall and for whom we are grateful - Avent, Pitt, Rhodes, Hoskins, Goodmans, Clamps, our many Ministers and Wilf James who transferred to Ridgeway and used to host the Sunday Night Youth Fellowship at his home. Oh, the shame when I bounced in and addressed our Minister, Bernard Titmus - "Happy Titmus, Reverend Christmas". I'm sure there were many more worthy folks but I've only been at Elburton for fifty years!

Sue Sainsbury

FAMILY COMMUNITY DAY

HERE AT ELBURTON METHODIST COMMUNITY CHURCH

Saturday 10th November from 10am to 2pm

Stalls, raffle, competitions and activities for all ages.

Entrance, drinks and refreshments free, but donations gratefully accepted.

Further information from: Jean Davies 01752-404239 or Liz Coleman 01752-335662



Congratulations to Jean and Sylvia for achieving their 80th birthdays and neither looking older than 16 (Well

maybe just a little bit.)





CIRCUIT METHODIST WOMEN IN BRITAIN (NETWORK) ADVENT/CAROL SERVICE

Methodist Women in Britain

Devon Air Ambulance

We will be hosting this year's Circuit MWiB Advent Service at Elburton Methodist Church, which will take place on Tuesday 4th December, starting at 2:30 pm. The Speaker will be Mrs Di Smart, (District MWiB President) and there will be light refreshments following the service. The collection will be for the Air Ambulances in the South West, our new District 'home' project. Everyone, ladies and gentlemen, is very welcome to come along and enjoy what is always a lovely start to Advent. For further details, please contact Carol Batchelor (491962).

FUN AT MESSY CHURCH









MESSY CHURCH was packed with people enjoying themselves on the first Saturday of the month. Halloween decorations and games were everywhere and the hall was full of people. This was a real success and credit to Julia Washbrook and helpers for all of their hard work. It was followed by a short service and a good meal.

WHAT IS IT LIKE IN A CARE HOME?



View from Ann's window

Considering moving home into a care setting can be a daunting experience – not helped by the newspapers which only report when something has gone wrong. There are of course very many reassuring examples of how care homes bring immense support to both the people who live there as much as their loved ones – both friends and family.

To gain a clearer understanding of what it is like to live in a care home, well.....you have to live in it.

A graduate journalist recently interviewed a lady currently in a care home. She was told:

Ann - An Englishman's Home is his Castle: How true those words were, came home to me two years ago when I had, through illness, to give

up my home and enter a care home. I felt my world was collapsing around me and felt frustrated and angry.

So now that you have been living here for some time, how do you feel?

Ann - Fortunately for me my friends brought me to a place where I could begin to build my life again with a flatlet (the Garden Suite), where I could indulge my love of nature and invite friends to visit as before. In time I began to feel I could make a little difference for the good of both some staff and residents: my life was not completely empty. The staff are caring and helpful for which I am very grateful.

What about the place itself?

Ann - The Home offers a well-spring to those lonely and depressed and there is no pressure to 'join in' all the time, but whatever works for

the individual is encouraged, whether it be Christian values, music in its many forms, chat opportunities or many diverse entertaining activities. We became just like another family, similar to a church family - things are not always perfect – we are all human after all. This allows for improvements to be made to strive towards perfection.

What is your favourite thing about living with this type of support in a care environment?

Ann - I suppose it would be the fact that a lot of pressures of life are taken off us. We don't have to worry about getting things or when help is needed there is the peace of mind.

Any final comments about living In a Care Home?

Ann - I just hope and pray that these few words can ease the worry of potential ladies and gentlemen who may be looking to join another family, with expertise in our altering needs. I think that is very important, having a family environment. Having friends and family around makes it all worthwhile, which is exactly what I have now.





Prayer Page

Remembrance Sunday: Lord, you look on man making war, killing, wasting your gifts, and it grieves you. We pray for those parts of the world where there is conflict. You sent your Son to reconcile man to yourself and to his fellow-man; it is your purpose that all might be brought into unity in Christ. So may the Spirit of Christ rule in the hearts of men, that east and west, rich and poor, black and white, may come together and find their common life in him. Amen

Roy Chapman and Donald Hilton

Jesus said, 'How blest are the peacemakers.' We pray for all men and women who have the job of making peace in our world: the leaders of nations who sit around a table and discover ways of living together; the diplomats of the world who are to be ambassadors of courtesy and understanding; the men and women of the United Nations Organisation and its agencies which seek to bring men closer together in peace. Jesus said 'How blest are the peacemakers; God shall make them his sons'. May all those who work for peace know your strength and encouragement which comes from the depths of peace Jesus promises us in his Spirit.

Roy Chapman and Donald Hilton

November 25th Christ the King: Almighty God, who gave your Son Jesus Christ a realm where all peoples, nations, and languages should serve him; make us loyal followers of our living Lord, that we may always hear his word, follow his teachings, and live in his Spirit; and hasten the day when every knee shall bow and every tongue confess that he is Lord; to your eternal glory.

A. Campbell Frazer alt.

Women against Violence: O God, who shows us in Jesus Christ how your kingdom will come In love and justice and peace, be

present to those of our community here and those who are our friends, colleagues or neighbours who are suffering at the hands of a loved one or have to witness the suffering caused. May they know your supportive presence with them. Give them the strength to share their pain and enable the rest of us to hear and believe, that together we may act to change how things are so that no-one need live in fear and humiliation. We pray that your liberating kingdom will come in truth and hope and love. Amen.

Women against Violence

November 30th: Andrew, Apostle: Heavenly Father, by whose grace we have been called into the fellowship and service of your Church: help us to follow the example of the apostle Andrew who brought his own brother to Jesus; that we may share the good news of our salvation with those near to us, in our families and our neighbourhood, to the advancement of your kingdom and the glory of Jesus Christ our Lord.

Frank Colquhoun

Lord Jesus Christ who called Andrew from his nets to become a fisher of men and a messenger of your good news: may we so find in you our Saviour and our Lord that others through our testimony may come to put their trust in you and rejoice in your salvation, to the honour of your name.

Leo Stephens-Hodge

SHOE BOX SUNDAY November 11th Dedication of the boxes



I am inviting you to come and see a film on Friday 23⁻⁻ of November at 7.00 p.m. at Elburton Methodist Church lasting seventy minutes followed by tea/coffe/biscuits and discussion. It is presented by Release International. It is a cinematic retelling of the testimony of the man who inspired Release's ministry, Pastor Richard Wurmbrand, and written in his international bestseller *Tortured for Christ*. This film was produced to honour the ministry of Richard Wurmbrand which continues 50 years later through the work of Release International.

Filmed entirely in Romania, including the very prison where Pastor Wurmbrand endured torture and solitary confinement, this powerful film uniquely presents the story with live action rather than interviews. The dialogue is presented in English, Romanian and Russian (with English subtitles) to hold the authenticity of this true story. No admission charge but would appreciate a donation to Release International. The film lasts 70 minutes.

David Youngs





On November 3rd Messy Church has us covering two topics:

St Andrew; St Andrew is the patron Saint of Scotland, so we have a few Scottish treats for

you. Apologies in advance as the Whisky sampling is cancelled just in case the 'Messy Church Team' can't come in on Sunday, due to some dedicated sampling!!. St Andrew also has a 'Saltire' Cross named after him. There will be more information about this on the day.

Our other theme is 'Remembrance'. This year marks the 100th Anniversary of the end of World War 1. The Communal Display Board will be available in the rear Church Foyer for anyone to add a mini cross, a Poppy or both. There will also be Royal British Legion Crosses of Remembrance that people can write on to place outside the front of the Church on the grassed area at the foot of the Outside Cross, however there is only a limited amount of these.

We look forward to seeing you there.

Julia and the 'Messy Team'

MONTHLY COFFEE MORNING

Every month on the last Saturday there is a coffee morning held in the Moore Hall in aid of church funds. It is a happy social event with many regular attendees. Please come and join us.

Oreston Methodist Church



SUNDAY SERVICES AT 10.30 am

Rev'd Simon Leigh SACRAMENT November 4th

November 18th Di Smart

SERVICE OF REMEMBRANCE



There was a Coffee Morning in aid of Macmillan Nurses on Saturday, 13th October. Dorothy sent these photographs of the event.



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PAUL WALKER

We were so sorry to learn of the death of Paul Walker, husband of Margaret, at his new home in Totnes at the age of 88. He had been unwell for some time and unable to come to Oreston church where he was a Member. Paul had renewed his links with the Church after his retirement and had enabled several of the other Members to attend regularly by picking them up and transporting them to Church and back home, until he was unable to drive himself. Members of the Table Tennis Group remember his enthusiasm at the over-50's Group on Tuesdays - he had first played as a teenager at the church, another member recalled, and he was a member of the Oreston Tennis Club in Rollis Park Road in the 1950's. Members of the Parent and Toddler Group said he will be remembered for his generosity in purchasing items of play equipment for them. The funeral will be held at Oreston Church on 25th October, at 2pm.



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ORESTON EVENTS...

Oreston Parents and Toddlers 1.30pm - 3-15pm

The Group meets every Friday in term time, in the Church Hall



Oreston Sew Knit & Natter

The group meets every Monday from 2.00 – 4.00 pm in the Church Hall. Craft activities of many types take place and all are welcome to attend.

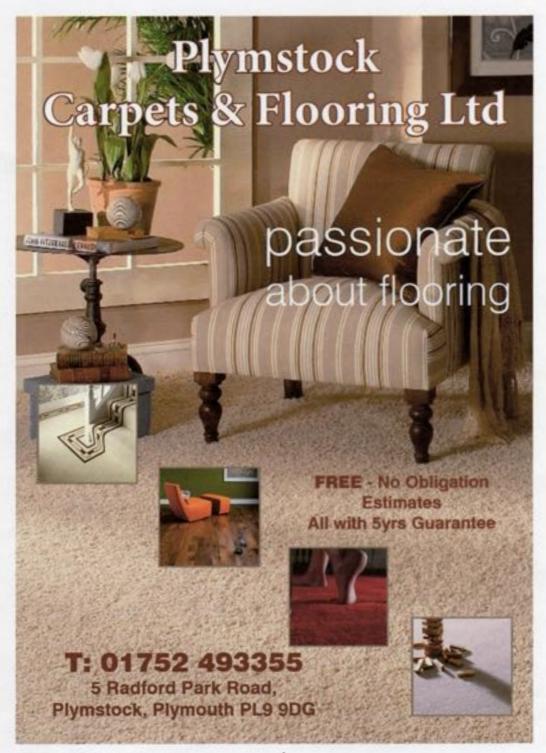


2 pm to 4 pm each Tuesday (excluding School Holidays) Used to Play? Want to Learn? or just want to have some fun & exercise at the same time? Drop in any Tuesday and expect A WARM WELCOME!

THE INTERCHURCH BIBLE STUDY GROUP

the interchurch Bible Study Group now meets only once a month at Pomphlett on the 4th Friday of each month at 10am and it is led by the Rev'd Andy Day - all are welcome.

Oreston Sew, Knit and Natter Group celebrated their first birthday with an open afternoon held on 10th September, when there was a display of some of the items made during the last year's meetings and a buffet tea was enjoyed by all. Membership has continued to grow and members are currently busy making Christmas angels and preparing to fill some Christmas shoe boxes for the Operaton Christmas Child charity. All interested people will be welcome to come along at 2 pm on a Monday afternoon to enjoy the warmth of our friendly group.



POMPHLETT METHODIST CHURCH





PREACHERS AT POMPHLETT ON SUNDAYS AT 9.30 AM

November 4th Mr Keith Angilley

November 11th Rev'd Andrew Day

HARVEST, SACRAMENT

November 18th Miss Teresa White

November 25th Mrs Marion Wilkinson

Despite our efforts to keep him out, God intrudes. The life of Jesus is bracketed by two impossibilities; a virgins womb and an empty tomb. Jesus entered our world through a door marked 'NO ENTRANCE' and left through a door marked 'NO EXIT'.

Peter Larson

A keen sense of humour helps us to overlook the unbecoming, understand the unconventional, tolerate the unpleasant, overcome the unexpected and outlast the unbearable.

Billy Graham

From 'A bundle of laughs" J. John & Mark Stibbe. Monarch Books



Friday
November 25th 10 am
We start with a cuppa,
chat. Bible Study and
prayers led by our
Minister
Rev'd Andrew Day.





Pomphlett's Community Hub Cafe

Here Wednesdays from 9.30 am

Lonely? Need to Chat? We're here for you Refreshments, Internet Access, Friendly Chat





Dates In November

5th, 19,

All starting

at 2pm

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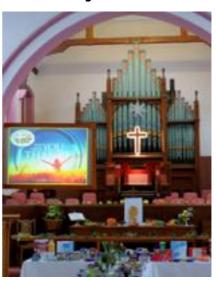
As always our Members and Friends decorated our Chapel to make it smell and look really good for Harvest Festival on October 14th.

This year we had more of the traditional harvest goods as well as a really good amount of tinned and packet foods for The Plymouth Foodbank.

It all started the day before harvest at 2pm when we all met at Chapel to get ready for our Harvest Festival and give thanks to God for all he provides for us.

Come half past three we were ready for a coffee and a cake which was provided for us. We were so grateful for that.

Our Harvest Festival message led by Rev. Andrew Day was simple, it seemed, but the challenge that came from the message was a little more intense.





How deep is our thanks for what God does for us? We were challenged to hold our breath for as long as we could and then asked if this was the length of time we spend thanking God. Needless to say we didn't hold our breath for very long. We need to spend longer in thanking God for all he gives us.

Thank you all who helped decorate our Chapel and for all the tinned and packet food that was collected for Plymouth Foodbank. This is one way we can thank God continually for all we have by helping those who have much less.





Wednesdays 10 am till 12 noon Tea Coffee Buns and Biscuits WiFi. No Laptop? No Problem We've got spare ones

SING Plymouth

a SING Deven Community Ohor Led by Pete Scott



Simply Having A Wonderful Christmas Time and other songs

Thursday 13thDecember 2018 @ 7.30 pm Tickets £4

Pomphlett Methodist Church

Concert by local singers



Friday November 2nd Buffet @ 12.15 pm Movie @ 1pm







Sundays @ 9.30 am

Experience the Pomphlett Welcome
Please pop in for a cuppa
After the service at about 10.30 am



Saturday November 17th

Feas Coffees from 9 am Sale of Christmas Goods





November 7th and 21st

A time for Ladies and Gentlemen with interesting speakers and various other activities. Alternate Wednesdays at 2pm

SOMETHING NEW

Whatever age you are, it is always a good thing to try something new. So, when a young lady came to our W.I., and made an appeal for volunteers for a scientific project we applied. The project was to investigate the effects of heat and cold on two groups of people: 18 – 35 yr olds and over 65's.

We went to Marjons for three sessions, each of three hours. It involved a lot of health questions, tread mill work, blood tests and had lots of wires attached to us. One session was held in the climate control room, at 35 degrees C with high humidity, this was hard going! The second session was the same procedure and place but in a much more comfortable 20 degrees C. All the time the heart and breathing was recorded and also (rather embarrassingly) the internal temperature – don't ask!

After a couple of weeks we were issued with a 'Participant's Feedback'. We are both alive and kicking apparently! This project will continue for some time and will eventually result in Alison's PhD and a lot of useful information to prevent the public's suffering from the effects of cold or heat in the future.

We were impressed by the amazing equipment at Marjon's and for the thorough and kind way with which we were treated. If any of you would like to help, we will willingly pass on details.

Brenda & David Youngs

Dear God,

The day was long and trying. I am grateful for its end. As I lie here waiting for sleep to overtake me, I count the blessings in the day that has passed. Work was hard, I'm blessed to have a job. My kids were frustrating, I'm blessed to have them. My body aches, I'm blessed to have medication. The list goes on, but number one is, even when I struggle, I am blessed to have faith. Thank You Lord for giving me a daily opportunity to rest and refresh. ~Amen

Gateway

The Church in a House

To my Friends at Gateway,



Brenda and I had a wonderful four day holiday in Cerne Abbas, Dorset, the home of The Giant Man which is carved on one of the hills surrounding the village. On our journey we passed through Chard and stopped at The Eagle Inn were they were serving fish and chips for two people at £14! It truly was deliciously cooked and we followed it up with a super dessert and coffee. We had booked into a dog friendly bed and breakfast. On arrival we were shown to our room which was very large with a King size bed, en-suite shower and toilet, and tea/coffee making facilities. It over looked Long Road (the main road) and opposite was one of just four pubs in the village. At one point in the past there were fourteen pubs serving a population of 1,500! Awaiting us in our room was a cream tea!

Having set the alarm clock for eight o'clock (which didn't go off -1 had set it for the next day!) we rushed down and just made it in time for 9 o'clock breakfast which was huge! Our seats were in the front window, presumably to encourage the public to come in when the shop opened at 10!

Popping into the next door village shop we saw an advert announcing that the Parish Church was holding a Harvest Festival matins at 11 a.m. followed by a Harvest Lunch, tickets available at £7 each. So we bought and went and enjoyed both the service with a very good sermon and a wonderful lunch. That afternoon we went down to the Swannery at Abbotsbury for the feeding at 4 p.m. Because there weren't many people present they invited people to help with the feeding of the 800 birds which Brenda accepted. That

evening we went into Dorchester and had a lovely Thai meal. The following day we went into Bridport and then slowly made our way home. A wonderful and much needed break! This month we celebrate the birthdays of Gladys Derbyshire on bonfire night (5th) and Nicky Nicholson on the 18th November. Have a wonderful time both of you! We also celebrate Remembrance Day actually on the Sunday; and the last Sunday of the month is the Sunday before Advent, celebrating Christ the King and remembering Women against Violence. The last day of the month we remember the Apostle Andrew.

Have a good month.

Your brother in Christ,

David.

The service on 11 November at 11 am will be led by Tony and Pauline Raine. The theme is Remembrance.



Sun 2nd Dec 2018

6:00 pm refreshments 6:30 pm main event

Pomphlett Methodist Church

(Parking is arranged at Morrisons)

Join us for an evening of story & song, news & interviews

A combined event, organised & led by the churches in Elburton: Hooe: Oreston: Plymstock: Pomphlett: Sherford: Staddiscombe





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SOMETHING TO THINK ABOUT

A woman had invited a friend to come with her to her house group and was beginning to regret it as the friend, a young bearded man, began to challenge those of the group.

'So why do you Christians do good? Is it to earn Brownie Points for heaven or what?' the friend asked.

'I don't know why other people do what they do. I just know my own reasons,' a woman who was the group leader answered.

'Which are?' the man pressed.

'It's satisfying in a very real sense. Life has a purpose. It's how I get my kicks if you like.'

'And you get the Brownie Points,too. That's nice.'

'No I don't think I do.' she confessed. 'I know I'm doing what Jesus told me to do but that's not why I do it - not any more anyway. I suppose it might have been once. But it feels like something I really want to do. I don't think I deserve Brownie Points for doing what I want to do anyway.'

'I don't get it. Why are you such a Goody-goody?' the newcomer said smiling cheekily.

If she noticed the rudeness she completely ignored it. 'Well,' she sighed, 'You don't really know what I do, do you? That's part of it. Don't let your left hand know what your right hand is doing. I could be a Sister Theresa type or I might spend the day gambling or in a drug haze or worse. I certainly do sin like everyone else.'

'Hang on! What's this 'sin' that you're talking about?'

'The word 'Sin' encapsulates our separation from God. It's Selfishness. - plain and simple. I can't think of a single sin that isn't caused by selfishness. Murder, theft, greed and adultery - selfishness is always at the root.'

The woman who had brought the questioning young man was blushing with embarrassment at his forthrightness and nudging him to make him stop. He ignored her and commented, 'Adultery? That's an odd one these days. How do you define that?'

Unfazed the leader explained, 'There are many people who find partners these days according to their status, not only in the beauty ranking but also how far they've climbed up the pile at work. If that is the main reason for choosing them, and when those things change as they're bound to as you get older, then they get dissatisfied. That may be when they trade their partner in for a younger model or one more highly regarded by others. That's what adultery is all about. It's selfish. Don't get me wrong - I'm not talking about people who've escaped cruelty or a loveless marriage. I don't care if parts of the Bible disagree with me, if they've really prayed hard and tried every possibility to make a go of it, life's too short to sacrifice it on a dead marriage.'

The man still wouldn't let her off the hook. 'That is contrary to what little I know of the Bible! I'm right, aren't I?'

To his surprise she agreed. 'If you mean I'm cherry picking the bits I believe, and ditching those that I don't, then I challenge anyone to say they don't do the same. There are 613 laws in the Old Testament and everybody breaks some of them all the time. Do you know its an abomination to eat shellfish? and It's fine to beat your slaves if you don't actually kill her or him and they eventually recover? Oh, and you must kill anyone who works on the Sabbath. To flagrantly break one law and uphold another is cherry picking. We all do it. In the end I allow myself to be guided by what I think Jesus would do.'

There was a moment's silence, then the young man's tone changed and he apologised. 'I'm sorry if my questioning seemed rude, I've never come across such honesty before. Do you think I could be part of this group next week. I wish going to Church was like this.' AR

Flatter me, and I may not believe you. Criticise me, and I may not like you. Ignore me and I may not forgive you. Encourage me and I may not forget you.

William Arthur Ward



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Alterations of any garment

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